



Fairbanks
**Hearing &
Balance**
Center



— AT THE EAR, NOSE & THROAT CLINIC —

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SPECIALIZED AUDIOLOGY TESTING INFANT AUDITORY BRAINSTEM RESPONSE (ABR)

Dear Parent or Guardian:

Your child has been scheduled for an ABR examination that can last up to 2 hours. It has no risks; it is not invasive; and it is not painful. This test is a type of hearing evaluation that is routinely performed on infants to estimate how well they can hear.

The Audiologist will place recording stickers on the child's head and ears, which allow a computer to measure how the hearing nerve responds to different sounds. The responses are very small and difficult to detect if the patient is moving. As a result, the testing can only be completed if the child is sleeping during the appointment. **To help ensure the child will sleep, please follow the instructions below:**

- Keep your child up late the night before the exam and wake them up early.
- Try not to allow your child to nap before the exam. Keep your child awake in the car on the way to the clinic. It may be useful to bring someone else with you to help keep the baby awake as you drive.
- Bring your child to the appointment hungry. Feeding them after you meet your Audiologist and before the exam will help them fall asleep. There will be plenty of time for your child to eat during the appointment, so please be prepared to feed them at the clinic.
- It is important that no moisturizers or lotions are applied to the face and neck areas. This ensures that recording stickers are placed correctly during testing.
- Please do **NOT** bring other children to the appointment. Your appointment will be rescheduled if this occurs.

If the child is unable to fall asleep during the appointment, testing will need to be rescheduled.

We will be contacting you the day before the exam to confirm your child's appointment. If you are unable to confirm by 4:00 pm that day, your appointment will be rescheduled.

If you have any questions, feel free to contact us at (907) 456-7768, Monday-Friday from 9:00 am to 5:00pm.

Thank you for Your Cooperation,

Fairbanks Hearing & Balance Center